

**Baystate Orthopedic Surgery Center
Surgery Instructions**

Your surgery date is scheduled for _____
at The Baystate Orthopedic Surgery Center. You will be notified the
afternoon prior to surgery of your arrival and procedure times.

***At times we do have emergency add-on cases. If that occurs, please
understand your surgery date may be cancelled and rescheduled.**

**FAILURE TO COMPLY WITH THE INSTRUCTIONS BELOW
WILL RESULT IN THE CANCELLATION OF YOUR SURGERY.**

**REMEMBER: DO NOT EAT OR DRINK AFTER MIDNIGHT THE
DAY BEFORE YOUR SURGERY.**

REMOVE: ALL ARTIFICIAL NAILS AND NAIL POLISH.

YOU CANNOT DRIVE YOURSELF HOME: The admitting office will
instruct you as to the time of discharge. Make sure you make arrangements
for someone to drive you home. **The use of a taxicab or city bus is strictly
prohibited.**

DIABETICS: Do not take insulin at home the morning of surgery. Bring
your bottle of insulin with you to the surgery center.

DISCONTINUE: The use of **ASPIRIN** or **ASPIRIN PRODUCTS** one
week prior to your surgery date.

DISCONTINUE: The use of Anti-inflammatory medications 48 hours prior
to your surgery date.

**If you have been instructed to take any medication the morning of
surgery, take them as instructed with a small sip of water.**

PARENTS: it is not safe for anyone to drive while caring for a child who
has had surgery. Please have another responsible adult accompany you home
after the child has been discharged.

If you have any questions please call **Dairne (Medical Secretary)**
at **413-233-1123**, at New England Orthopedic Surgeons.